 The Chatterbox



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| **Administrator:**  **Rachel Feeney** |
| **Director of Nursing:**  **Laura Reiss** |
| **Activity Coordinator:** |
| **Amber Engesser** |
| **Dietary Supervisor:** |
| **Charity Crist** |
| **Environmental** |
| **Supervisor:**  **Ann Knepper** |
| **Social Services:** |
| **Leisa Osterhaus** |
| **Medicare Coordinator:** |
| **Karie Kuntz**  **Office Manager:**  **Tracy Starr** |





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Shady Rest Care Center

**Edition: 567 May 2021**

**Activity Announcements:** National Skilled Nursing Care Week is an annual celebration to celebrate the lives of residents living in a care center. This annual celebration offers an excellent opportunity to pay tribute to Shady Rest Center’s residents by visiting them. We also want to celebrate our staff and their commitment to provide continuous care, a clean environment and delicious food in a safe social homelike atmosphere. National Skilled Nursing Care Week begins on Mother’s Day May 9th thru Sat the 15th 2021. This year’s theme is **“Together Through the Seasons”.** We are celebrating this week starting on Saturday May 8th with music by Lou Oswald in honor of Mother’s Day. The music will start at 1:30 P.M. We invite you to come and enjoy the music with us, weather permitting. We will be doing a variety of fun activities throughout the week. Theme days for the week will be as follows:

**Monday, May 10th** –Spring Training Day (Sport clothing)

**Tuesday, May 11th** – Summer with Hawaiian clothing

**Wednesday, May 12th** – It’s Fall Y’all with Cozy PJ or Flannels

**Thursday, May 13th-** Winter Wonderland with Holiday/Christmas clothing

**Friday, May 14th**-Staff and resident cookout

**Saturday, May 15th- Winter, Spring, Summer and Fall….. the Armed Forces Do It ALL!!! Salute the Troops and wear Red, White and Blue**

**Please feel free to bring your loved ones the clothing to participate in the fun!!!!**

**Announcements:** 

Friendly reminder on the visitation guidance! We have to monitor the number of visitors throughout our facility at all times. We encourage families to limit the number of visitors per visit and no eating or drinking with the resident, masks must be worn by both parties for the duration of the visit. Even if both parties are fully vaccinated masks MUST be worn! We ask that you do not patriciate in communal dining or activities with residents at this time. The reason being, especially at meal times, all residents are eating and their mask is not worn. If you do come at meal times, we ask that you please wait in resident room and not sit at their table. Also, as we now have updated visitation guidance, we encourage families to transport your loved ones to their medical appointments. If you have any questions, please contact myself, Laura or Karie.

Please share this information with family & friends!

Thank you for your continued support!

Rachel Feeney, Administrator

**Employee Corner:**

**Getting to Know Our Staff:**

**Chelsey Huseman**

Hello, my name is Chelsy Huseman and I was born on December 1st. I have 2 siblings, a brother and a sister. I have been a CMA/CNA here at Shady Rest Care Center since September 2020. My hometown is Dubuque, IA and I currently live in Cascade. I have one daughter who I love to spend time with. Some of my personal favorites are Mexican and Chinese food, fall is my favorite season, purple is my favorite color and my favorite team is the Green Bay Packers. My favorite childhood memory is playing kickball with the neighbor kids. I would love to travel all 50 states. In the next five years I would like to see myself finishing college and working in a dental office. I love my job because I love getting to know my residents and seeing them happy!!!

**Happy Birthday to the following staff with May Birthdays!**

May 1st  Tiffany Theisen, C.N.A/C.M.A

May 21st Mary Kemmerer, C.N.A/C.M.A

May 28th  Bill Gehl, Maintenance





**Employee Anniversaries**

Tiffany Theisen, C.N.A/C.M.A May 16th 5 years

Welcome Aboard!!!

Brandon Willoughby Dietary Cook

Sarah Specht Krapfl RN

Sharon Contini RN

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**Residents’ Bill of Rights**

**May 2021**

**Residents’ Bill of Rights**

**A Residents’ Rights Booklet is provided to each resident upon admission and upon request. Every month we will include some of the residents’ rights in the Chatterbox.**

**Information and Communication:**

* The resident has the right to be informed of his or her rights and of all rules and regulations governing resident conduct and responsibilities during his or her stay in the facility.
* The resident has the right to access personal and medical records pertaining to him or herself.
* The resident has the right to a list of names, addresses and telephone numbers of all pertinent state agencies and advocacy groups i.e. Department of Inspections and Appeals, the Office of the State Long-Term Care Ombudsman.
* The resident has the right to reasonable access to a telephone and in a place where calls can be made without being overheard.
* The resident has the right to send and receive mail.
* The resident has the right to reasonable access to email, video communications and internet research.
* The resident has the right to examine the results of the most recent survey conducted by state or federal surveyors.

*Shady Rest provides information on Medicaid (Title 19) and Medicare to residents/families upon admission to Shady Rest. Additional information provided: grievance procedures, contact information for our local Long Term Care Ombudsman, Abuse Reporting Policy, Resident Rights information, and contact information for Department of Inspection and Appeals. Many of these are posted on the bulletin board near the first nursing station. They can also be provided upon request.*

Please contact Shady Rest Care Center Social Services Coordinator, Leisa Osterhaus, with any questions or concerns regarding resident rights:

563-852-3277 (ext. 21) or [leisa@shadyrestcarecenter.com](mailto:leisa@shadyrestcarecenter.com)

**Housekeeping Announcements:**

Hello everyone, I hope your year is going better than last!! We all know that the seasons are changing and due to the COVID restrictions you could not come in last year. Now, with updated visitation, we are asking you to please take a look in your loved one’s closet and remove any extra blankets, extra clothing and any decorations/items not being used. We have fire regulations to follow and some closets are overflowing. This would be very much appreciated. Have a great summer when it finally gets here!!!

Thank you! Anne Knepper

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**Charity’s Recipe of The Month**

**Caesar Pasta Salad**

**Ingredients:**

* 4 oz Pasta (any kind you like)
* 1 cup Caesar dressing
* 1/2 cup Shredded mozzarella cheese
* 1 cup Croutons
* 2 Romaine hearts, chopped
* 2 Fresh medium size tomatoes, diced

**Instructions:**

* Cook the pasta until al dente. Rinse with cold water.
* Toss vegetables, cheese and pasta together.
* Right before service, add dressing and croutons and toss to evenly cover.
* Serve. (makes 12 servings.) feel free to double or triple, it will still turn out perfect for a crowd!

**Enjoy**

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